

# 4 Day Chehalis Fixed Base Dual Paced Tour

September 2-6, 2016



Total cost: **\$765 if 18-24 Paid Participants**  
Total Cost: **\$670 if 25 or more Paid Participants**  
Single supplement: **\$365** (paid at time of registration)  
Deposit: **\$250** (paid at time of registration)  
Final Payment: **\$515/\$420 due by June 1, 2016**

Rider limit: **30**

**Tour Leaders:** Ralph & Carol Nussbaum

**Tour Rating:** Easy/Intermediate

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## OVERVIEW:

In response to a number of requests, we have developed an easy tour in one of our favorite areas. We have made this a dual paced tour so that friends in "mixed relationships" can go on the same tour, each can ride at a pace that suits them, meet for lunch, continue riding together or separately, stay at the same hotel, and share happy hour, dinner and stories of the day's events. The Chehalis/Centralia area has beautiful quiet roads through forest and farmland, flat with a few rollers, in other words, perfect riding conditions. We have scheduled it as a long weekend over Labor Day to minimize the amount of time needed to take off from work. The easy routes run from 50 to 60 miles a day all under 2,000 feet of climbing. The intermediate routes vary from 65 to 80 miles and about 2500 feet of climbing each day. As you can see from the map below we will be able to ride lovely loops in all points of the compass! We recognize that the cost of this 4-Day Tour is substantially more than for our 2 other short tours east of the mountains. That is totally a function of the hotel costs which are considerably more than in Omak or Republic. Please note the tour price also includes a nice group dinner as with all Pegasus Bike Tours.

## WHAT TO EXPECT:

### LEVEL OF DIFFICULTY:

This tour is rated as Easy/Intermediate. There are two sets of routes each day except the last, one shorter and flatter and one longer and hillier. Riders can choose either one each day, or since it is a hub and spoke tour one can always take a day off to enjoy exploring Centralia and Chehalis.

### WEATHER:

Weather in the South Puget Sound valleys should be pleasant in early September, but rain is always a possibility. Riders need to be prepared for all types of weather.

### LODGING/MEALS:

Our lodging is the very nice Holiday Inn Express in Chehalis, with easy access to restaurants by foot or by car. A daily hot breakfast is included. Snacks and lunch will be provided off the sag vehicles.

## **DAY BY DAY ITINERARY:** (Mileages & Elevation gains are approximate – route may vary slightly due to unforeseen circumstances as may the order of the routes.)

### Friday, September 2 – Orientation Meeting in Chehalis

We meet the first night in Chehalis at **8:00 PM** and get to know each other during a brief informational meeting. Folks may wish to get together for dinner informally beforehand.

### Saturday, September 3 – East Loop, 50 or 65 miles – 1800' or 2500' elev. gain

The first day's ride will go east from Chehalis towards the foothills of Mt. Rainier through pleasant forests. The return portion of the loop passes through quiet farmlands with great vistas, entering Chehalis from the south. The long and short loops will **meet for lunch** and return on the same route.

### Sunday September 4 – Southwest Loop, 59 or 77 miles – 1700 or 2600' elev. gain

The second day we will loop west and south from Chehalis, on highway 6 and the Willapa Hills Trail, then south to Boistfort, again through pleasant forests and farms. We return north through Vader and Winlock and come back into Chehalis on different southern route. As on the day before, the long and short routes **meet for lunch** and return on the same route.

**Monday September 5 – North Loop, 52 or 82 miles – 1100 or 2300’ elev. gain**

The third day explores the trails to the north of Centralia, again passing through quiet farmland and forests, enjoying the quiet of paved trails, sometimes far from any roads. The short route will start and end at a park in Centralia to avoid the traffic on the route and to make the trails more easily reachable. While lunch for both routes will be in the same spot, the routes are different both before and after lunch.

**Tuesday, September 6 – Western Loop, 57 miles – 1300’ elev. gain**

The last day, there is only one short loop, exploring the country to the west of Centralia. It’s a quick loop that will take us through some really quiet forests and old farms. We stop for a last lunch together outside of Centralia and then it’s a short sprint back to our cars and the end of a wonderful weekend of riding.

For more information contact Ralph and Carol at: [RENussbaum@outlook.com](mailto:RENussbaum@outlook.com)

