



Discover San Diego Tour

March 21-29, 2019

Total cost: **\$1600 if 18-24 Paid Participants**

Total Cost: **\$1400 if 25 or more Paid Participants**

Single supplement: **\$900** (paid at time of registration)

Deposit: **\$500** (paid at time of registration)

Final Payment: **\$1100/\$900 due by 12/21/19**

Rider limit: **30**

Tour Leaders: Ken Condray and Carol Nussbaum

Tour Rating: Intermediate (Read Level of Difficulty below.)

OVERVIEW

Put your winter riding gear in storage and join us for some fun in the sun! This tour is designed as late March "Spring Break" when San Diego is warm and sunny while much of the US is still recovering from winter. Average March daytime temperatures in San Diego are ~ 65-70°F.

Discover San Diego is a fixed base tour in which we will experience this beautiful, ocean-side city by bicycle. Our lodging for the week will be in Old Town which is a hub of activity with numerous shops, restaurants, and historical sites. Because it is fixed base, this tour is ideal for non-riding partners who can enjoy San Diego's numerous attractions while cyclists participate in the scheduled rides.

Non-riding partners can participate in events but cannot participate in the daily rides (other than meeting for lunch.) Non-riding partners will be expected to cover the cost of any event they attend. If your partner wants to join you in San Diego, simply sign up as a single supplement then email the leader with the name of your non-riding partner.

WHAT TO EXPECT:

LEVEL OF DIFFICULTY:

The ride is intended for intermediate level riders with moderate to advanced bike handling skills. You must feel comfortable riding on city streets. Everyone can ride at their own comfortable pace. Being fixed base, you can always adjust your ride. We will be climbing 600' – 2,000' per day over six days of riding with one rest day.

WEATHER:

Average March daytime temperatures in San Diego are ~ 65-70°F.

MEALS:

This tour **will not** provide the usual SAG stop food and lunches. Discovering quaint coffee shops and lunch spots (with some suggestions by leaders) will be part of the San Diego experience. There will also be one group dinner. The remaining dinners are on your own. The hotel has a restaurant on the premises which offers 15% for any of its meals including breakfasts.

LODGING/PARKING:

This tour includes **8 nights of lodging**. The last night is included so plan to head home on Sunday, March 29, 2020. We are staying at the lovely Best Western Hacienda/Old Town in the heart of San Diego's Gaslamp Quarter. Being in the heart of San Diego, we were fortunate to negotiate a \$10 per night parking charge, a significant discount from the usual \$17 per night. You will be responsible for this charge.

DAY BY DAY ITINERARY: (Mileages & Elevation gains are approximate – route the order of the rides may vary according to circumstances.)



Day 0 - Saturday, March 21 – Orientation Meeting in San Diego

We meet the first night at the Best Western Old Town for an 8:00 PM briefing meeting. Folks may wish to get together for dinner informally beforehand.

Day 1 - Sunday, March 22 – San Diego Bay/Coronado - ~40 miles, ~600 ft. of climbing

This ride is a circumnavigation of San Diego Bay. From Old Town we ride the entire length of the San Diego Harbor passing by the historic waterfront, San Diego Marina, Midway Museum, Seaport Village and Convention Center. From there we head south past Naval Base San Diego (the home of the Pacific Fleet), around the south end of the bay (almost to the Mexican border) to the Imperial Beach Pier then north along the Silver Strand Bikeway to the historic Hotel del Coronado. We will be returning to downtown via a lovely ferry.



Day 2 - Monday, March 23 – Mt. Soledad/LaJolla - ~30 miles, ~1200 ft. climbing

The day starts with a leisurely warm-up around scenic Mission Bay followed by a 3-mile climb to the top of Mt. Soledad with its spectacular 360° view of San Diego. A quick descent ends in LaJolla Cove which is known for its population of sea lions, pelicans and other shore birds. The ride then winds through the hilly seaside community of LaJolla and along white sandy beaches ending in Mission Beach. Along this route there is ample opportunity for some “beach time” enjoying the local beaches, café’s, and watering holes.

Day 3 Tuesday, March 24 – Lake Murray/San Tee - ~40 miles, ~2000 ft. climbing

Today’s ride will take us through some old established San Diego communities through busy Mission Valley, around Lake Murray with a lunch stop at SanTee Lakes. Lunch will be provided on this day. The afternoon features a ride through Mission Trails Regional Park with an optional stop at the parks modern Visitor and Interpretative Center.



Day 4 - Wednesday, March 25 - Day off to Explore San Diego

Today’s your opportunity to do some sightseeing. Maybe visit the Mighty Mo, Sea World or some of the other many attractions that San Diego has to offer. For those bringing non-riding partners this is a day for the two of you. 😊

Day 5 - Thursday, March 26 – Seaside Towns: Oceanside to Old Town - ~40 miles, ~1400 ft. of climbing

The day starts with a train ride along the coast to the beachside town of Oceanside at the north end of San Diego County. The bike ride back to Old Town is along the coast (mostly on Highway 1) through Oceanside, Carlsbad, Encinitas, Solana Beach, Del Mar, Torrey Pines, and UCSD. This is a favorite cycling route for locals. There will be plenty of time to experience the local beach towns with their white sandy beaches, shops, and affluent oceanfront real estate.

Day 6 - Friday, March 27 – Pt. Loma/Ocean Beach/Cabrillo Monument - ~38 miles, 1300 ft. climbing

The morning starts with a leisurely ride around Mission Bay and along the San Diego River where hundreds of migratory birds from the north spend the winter. After a stop at “back-to-the-60’s” Ocean Beach, we will ride along Sunset Cliffs (surfer’s paradise); past Fort Rosecrans National Cemetery to Cabrillo National Monument. The park offers spectacular views of San Diego’s harbor and skyline, as well as Coronado and Naval Air Station North Island. On clear days, a wide expanse of the Pacific Ocean, Tijuana, and Mexico’s Coronado Islands are also visible.



Day 7 - Saturday, March 28 – UCSD Art Challenge – ~42 miles 1,200 ft. climbing



Being this is the last day of the tour we have added several variations. We will start the day with a review of past four days around Mission Bay before heading up to the new 11-million-dollar bike path (rumor has it) after a coffee break at Starbucks. Next will be a lunch/breakfast stop in Del Mar before heading back to Torrey Pines to conquer the inside passage if not already taken off your bucket list. Just in case you’re thinking about this next stop (reservations are needed) we will visit the Torrey Pines Gliderport so you can soar with the eagles. Last but not least will head over to UCSD to see who can find the most works of campus art before heading back home and calling it a day. The last night in San

Diego is paid for so take it easy today and enjoy one more evening with newly made friends before heading home on **Sunday, March 29.**

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